

SWEET-AND-SOUR CHICKEN

1 (10 3/4 ounce) can Campbell's Condensed tomato soup

1 (8 ounce) can pineapple chucks,
Undrained

1/4 cup honey

1/4 cup lemon juice

1/4 teaspoon paprika

1/2 teaspoon dry mustard

4 skinned and boned chicken breast Halves, cut into strips

1 (14 1/2 ounce) can sliced carrots, Drained

1 medium-size green bell pepper, cut into strips

Cook first 6 ingredients in a large skillet over medium heat until thoroughly heated...add chicken, carrot, and bell pepper, cook, stirring often, 8 minutes or until chicken is done...serve over hot cooked rice...

Yield: 4 servings.